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Ready In: 25 mins

Prep: 10 mins

Servings: 4

Ingredients

4 large (about 11 oz each)  
Honeycrisp apples, cored with apple  
corer (leaving apples whole)

4 Tbsp Wegmans Organic Maple  
Syrup, divided

1/4 tsp Wegmans Organic Ground  
Vietnamese Cinnamon

Nutrition Information

Nutrition Information is per serving

|               |      |
|---------------|------|
| Protein       | 1.g  |
| Added Sugar   | 13.g |
| Fiber         | 5.g  |
| Carbohydrate  | 47.g |
| Sodium        | 0.mg |
| Cholesterol   | 0.mg |
| Saturated Fat | 0.g  |
| Fat           | 0.g  |
| Calories      | 180. |

Microwave Maple "Baked" Apples

★★★★★ 5 (3)

Paleo Friendly

L Lactose free

V Vegan

G Gluten free

SAVE R

Saved by 85



Ingredients (3)

Wegmans Organic Spices, Ground, Vietnamese Cinnamon  
\$4.99 / ea (\$3.01/oz)



Wegmans Organic Syrup, Maple  
\$8.29 / ea (\$0.69/fl oz)



Wegmans Organic Honeycrisp Apples  
\$1.72 / ea (\$4.29/lb)



## Directions


[VIEW STEP BY STEP](#)

1. Place apples in 8x8-inch microwave-safe glass baking dish. Drizzle 1 Tbsp syrup into each cored center; sprinkle cinnamon evenly over syrup.
2. Microwave, uncovered, 15-20 min, or until fork-tender. (If using medium-size apples (about 7 oz each), reduce cooking time to about 10 min.) Remove from microwave using mitts. Transfer apples to serving platter.
3. Return dish with liquid to microwave; microwave, about 5 min, until liquid is consistency of syrup. Pour syrup over apples. Serve with your favorite ice cream.
4. Chef Tip: If cooking only 1 apple, use smaller microwave-safe dish and cook about 5 min for medium-size apple (about 7 oz), or about 8 min for large apple (about 11 oz).

## Reviews

★★★★★ 5 (3)

\* Required

Enter Star Rating  \*

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|     |   |
|-----|---|
| 5 ★ | 3 |
| 4 ★ | 0 |
| 3 ★ | 0 |
| 2 ★ | 0 |
| 1 ★ | 0 |

1-3 of 3 Reviews

Sort By Highest Rated



### Kimberly

Reviews: 7

★★★★★ 6 months ago

#### OMG YUM

Easy, delicious, and relatively guilt-free! I only microwaved mine for about 10 minutes and they still came out great. Definitely will make again for an easy fall treat.

### Jennifer

Reviews: 1

★★★★★ 7 months ago

#### Kids loved it!

The kids loved it, so syrupy and delicious. Also a healthy dessert!

### Magdi

Reviews: 1

★★★★★ over 1 year ago

#### Delicious !

I tried it and it was a success ...

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