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/ Recipes / By Course / By Ingredient / Apples / Paleo-Friendly / Fruits / Vegetarian / Best Holiday Baking Recipes - Cookies & Desserts / Desserts
/ Microwave Maple "Baked" Apples

- Ready In: 25 mins산 Prep: 10 mins
- 🛆 Servings: 4

Ingredients

4 large (about 11 oz each) Honeycrisp apples, cored with apple corer (leaving apples whole)

4 Tbsp Wegmans Organic Maple Syrup, divided

1/4 tsp Wegmans Organic Ground Vietnamese Cinnamon

Nutrition Information

Nutrition Information is per serving Protein 1.g Added Sugar 13.g Fiber 5.g Carbohydrate 47.g Sodium 0.mg Cholesterol 0.mg Saturated Fat 0.g Fat 0.g Calories 180.

Microwave Maple "Baked" Apples



free **v** Vegan **G** Gluten free



Ingredients (3)

Wegmans Organic Spices, Ground, Vietnamese Cinnamon **\$4.99** / ea (\$3.01/oz)

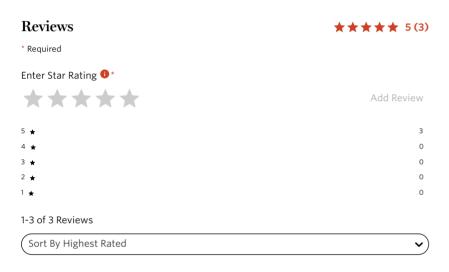
Wegmans Organic Syrup, Maple \$8.29 / ea (\$0.69/fl oz)

Wegmans Organic Honeycrisp Apples **\$1.72** / ea (\$4.29/lb)

Directions

VIEW STEP BY STEP

- 1. Place apples in 8x8-inch microwave-safe glass baking dish. Drizzle 1 Tbsp syrup into each cored center; sprinkle cinnamon evenly over syrup.
- 2. Microwave, uncovered, 15-20 min, or until fork-tender. (If using medium-size apples (about 7 oz each), reduce cooking time to about 10 min.) Remove from microwave using mitts. Transfer apples to serving platter.
- 3. Return dish with liquid to microwave; microwave, about 5 min, until liquid is consistency of syrup. Pour syrup over apples. Serve with your favorite ice cream.
- 4. Chef Tip: If cooking only 1 apple, use smaller microwave-safe dish and cook about 5 min for medium-size apple (about 7 oz), or about 8 min for large apple (about 11 oz).



Kimberly

Reviews: 7

 \star \star \star \star \star 6 months ago

OMG YUM

Easy, delicious, and relatively guilt-free! I only microwaved mine for about 10 minutes and they still came out great. Definitely will make again for an easy fall treat.

Jennifer

Reviews: 1

 \star \star \star \star \star 7 months ago

Kids loved it!

The kids loved it, so syrupy and delicious. Also a healthy dessert!

Magdi

Reviews: 1 ★★★★★ over 1 year ago

Delicious !

I tried it and it was a success ...

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